



August 19, 2020

To Parents and Guardians,

We are happy to announce that Pine Street Elementary School is the recipient of a USDA Fresh Fruit and Vegetable Program grant. The Fresh Fruit and Vegetable Program (FFVP) will provide all students in Pine Street Elementary Schools with a variety of free fresh fruits and vegetables for a snack during the mid morning break.

**The goal of this program is to:**

- Create healthier school environments by providing healthier food choices.
- Expand the variety of fruits and vegetables children experience.
- Increase children's fruit and vegetable consumption.
- Make a difference in children's diets to impact their present and future health.

This snack program will begin on Tuesday, September 15th. The snacks will be provided at least three times each week, generally on Tuesday, Wednesday, and Thursday. The program will use some locally grown foods, where possible, and will continue for entire school year.

To promote this snack program, teachers at the schools will be providing nutrition education activities within the classroom to increase the students' knowledge of the health benefits of eating fruits and vegetables. Updates on the program will be included in school newsletters and on the district website throughout the school year.

If you have questions, please contact me at 764-0792.

Sincerely,

*Kathy Allen*

Kathy Allen

MSAD#1 Food Services Director

*The Maine Department of Education and USDA are equal providers and employers.*